

Veal Ossobuco, mushroom risotto à la Piémontaise, white truffle oil |

Recipe for 4 portions

Description

A classic comfort food, prepared in its own sauce. Served with a white truffle topped risotto.

Ingredients

Ossobuco

- 4 Unit(s) Veal Osso Buco
- 30 Gr Flour
- 100 Gr Carrot
- 150 Gr Onion
- 50 Gr Celery
- 2 Clove(s) Garlic
- 2 Sprig(s) Thyme
- 2 Leaf(ves) Bay leaf
- 2 Sprig(s) Parsley
- 100 Ml Red wine
- 20 Gr Tomato paste
- 200 Unit(s) Tomato sauce
- 250 Ml Veal stock

Risotto Piemontaise

- 250 Gr Arborio rice
- 150 Gr Onion
- 1 Sprig(s) Thyme
- 1 Leaf(ves) Bay leaf
- 100 Ml White wine
- 750 Ml Vegetable stock
- 15 Ml Truffle oil
- 125 Gr Button mushrooms

Preparation

- Preparation time **120 mins**
- Preheat your **four** at **395 F°**

Preparation

In a pot, heat your vegetables stock.

Prepare your veal stock combining water and your stock concentrate.

Peel and finely diced your onions.

Brush your mushrooms and quarter them, sauté them in a pan and set them aside.

Chop the chives and grate the Parmesan cheese.

Ossobuco

Season both sides of the Ossobuco generously. Next, flour the meat and shake it to remove the excess flour.

Heat a pot with a small amount of oil.

Once hot, place the meat in the pot and sear on both sides, to a golden brown color. Remove the meat, and remove excess fat or oil.

Next, add the carrots, celery, onions and tomato paste that you prepared earlier and sweat them until the onions are translucent.

Add the white wine and reduce for 2 minutes. Next, add the veal stock, crushed tomatoes, thyme, garlic and the bay leaf, stir and bring to a boil.

Place the meat back in the pot, cover and place in the preheated oven for approximately 1h45m.

Once the meat is cooked, taste the sauce and season accordingly.

Piemontaise Risotto

In a pot, add a small amount of oil and sweat the onions until translucent. Next, add the arborio and sweat until translucent as well. Stir until the majority of the liquid has evaporated. Add a ladle of the vegetable stock and occasionally stir until most of the liquid has absorbed. Continue this process until the rice is cooked to an al dente, or approximately 20 minutes.

Next, add the mushrooms that you set aside and reheat for approximately one minute or until the preparation is hot. Remove from heat.

Add the parmesan, half the chives, the butter and the mustard. Stir gently and season to taste.

Plating

Scoop the desired amount of risotto in the center of your plate and then place an Ossobuco on top. Dress with a generous helping of the sauce. Finally, place your fresh sprouts on top to make a beautiful presentation. Enjoy!

Bon appétit!