

Tuna mixed rice salad |

Recipe for 4 servings | 12 tapas

Description

A fantastic, easy and fresh dish to brighten up any summer day!

Ingredients

Rice

- 200 Ml Jasmine rice
- 200 Gr Cold water
- Salt and pepper

Salad garnishes

- 100 Gr Corn
- 100 Gr Flaked light tuna
- 100 Gr Diced tomatoes
- 50 Gr Red pepper
- 50 Gr Sliced black olives
- 30 Gr Chopped parsley
- 25 Ml Balsamic vinegar
- 50 Ml Olive oil
- Salt and pepper

Preparation

- Preparation time **30 mins**

The rice

In a sauce pot, place the rice (rinsed), add the water and cover. Bring to a boil and then lower the heat by half and cook for about 10 minutes, reduce to minimum for another 2-4 minutes and then remove from the heat and let continue to cook for 20 minutes. Throughout this entire process, do not remove the lid from the pot!

The garnishes

In a salad or mixing bowl, combine all of the ingredients, season to taste and then place in the fridge for at least 2 hours.

Bon appétit!