

Salmon Skewers in Asian marinade, black sesame, sweet Chile sauce

Recipe for 4 persons

Description

Skewers marinated, sweet Asian sauce.

Note

Careful how much you let the sauce reduce. If it reduces too much the flavor will be over bearing. You can keep the cooked pineapple for decoration before plating.

Ingredients

For the salmon

- 4 Unit(s) Salmon steak
- 25 Gr Black sesame seeds
- 60 Ml Honey
- 30 Ml Soy sauce
- 1 Unit(s) Lemon juice
- 30 Ml Fresh ginger
- 2 Clove(s) Garlic
- 4 Gr Freshly ground black pepper

For the chili sauce

- 50 Gr Sugar
- 1 Clove(s) Garlic
- 0.50 Unit(s) Carrot
- 0.50 Unit(s) English cucumber
- 20 Gr Peanuts
- 2 Ml Chili flakes
- 60 Ml Water
- 60 Ml Rice vinegar

For the rice

- 160 Gr Jasmine rice
- 0.50 Unit(s) Pineapple
- 1 Unit(s) Onion
- 6 Sprig(s) Fresh cilantro

Preparation

- Preparation time **45.00 mins**

Mise en place

Soak the skewers in water for 1 hour before hand. Cut the salmon into 8 pieces (1 inch cubes). Toast the sesame seeds in the oven (in a pan in the oven for 5 minutes) , peel and grate the ginger, peel and chop the garlic, squeeze and strain the juice of the lemon. In a bowl, combine honey, soy sauce, garlic, ginger and lemon juice. Cut carrot and cucumber in fine dice (brunoise). Chop the garlic. Crush the peanuts. Mince the onion, cut the pineapple into small dice, chop cilantro.

Preparation for the salmon

Skewer 6 cubes of salmon per stick. place in a dish and brush with marinade. Let stand for no more than 30 minutes in the refrigerator. In a hot skillet, sear your skewer on all sides, 1 minute per side. Place on a serving dish and sprinkle with sesame seeds. Finish the cooking in the oven for 2 minutes before serving.

Preparation for the chili sauce

In a small saucepan, bring the rice vinegar, sugar, salt and pepper to a boil. Add the garlic and simmer for 5 more minutes. Remove from heat and add the cucumber, carrot and peanuts.

Preparation for the rice

In a large saucepan of boiling salted water, cook the rice until it is tender. In an other pan, cook the pineapple with a knob of butter, drain the rice and toss with the pineapple. Sprinkle the cilantro on top.

To serve

Place your rice on the plate with a cookie cutter. Place the salmon skewers over the rice , and sprinkle with the chilli sauce

Bon appétit!