

Chicken Souvlaki skewer with tzatziki sauce |

Recipe for 12 tapas

Description

Delicious, straight to the point and fresh skewer recipe.

Note

This skewer recipe can be cooked on your barbecue for best results.

Ingredients

Tzatziki

- 75 Gr Cucumber
- 1 Clove(s) Garlic
- 125 Ml Sour cream
- 15 Ml Olive oil
- 0.50 Unit(s) Lemon
- 1 Tbsp Dill
- 1 Handful(s) Coarse salt
- 1 Tbsp Mint

Souvlaki

- 500 Gr Chicken breast
- 2 Clove(s) Garlic
- 100 Gr Onion
- 1 Tbsp Yellow mustard
- 1 Tsp Dry oregano
- 1 Tsp Lemon juice
- 0.50 Tsp Curcuma
- 1 Tbsp Olive oil
- 4 Unit(s) Skewer sticks

Preparation

- Preparation time **30 mins**
- Preheat your **Oven** at **400 F°**
- Resting time **30 mins**

Mise-en-place

Peel the garlic, zest and squeeze the juice out of the lemon.

Chop the dill and finely cut the onion.

Wash then dry the parsley before cutting it roughly.

Peel the cucumber and slice it in two on the length side.

Tzatziki

Make a brunoise out of the cucumber.

Put all the ingredients together and make sure the seasoning is well balanced.

Lamb kefta

In a medium-high heated pan, cook the onion and the garlic for an instant, a couple minutes.

Add the cumin and the paprika. Reserve in the fridge.

Once the mixture is well tempered and chill even, pour all the ingredients in a bowl aside from a little bit of parsley that we will be using for decoration later on.

Make sure the apparel (meat) is homogeneous and properly seasoned.

Meat coat the skewers, be generous, think of a pogo while doing it. Then in a cast iron pan, if possible, with vegetable oil colour the skewers until golden brown.

Lay them on a cooking tray covered with a silpat or a parchment paper and cook them in the oven for 7mins or so at 400F.

Montage

Very simple yet effective, place 1 or 2 skewers on a plate and then pour the Tzatziki on them. Add the dill and the lemon juice all over. Finish with the chopped parsley.

Bon appétit!