Apple cider and calvados chicken casserole

Recette pour 4 personnes



Description

Tender pieces of chicken thighs and potatoes cooked in cream, cider and calvados, and accompanied by fingerling potatoes.

L'idée déco

The mustard acts as a thickening agent in this recipe for the sauce.

Ingrédients

For the chicken and mushrooms pot

- 6 Unit(s) Chicken thigh
- 1 Unit(s) Onion
- 1 Unit(s) Cortland apple
- 50 Ml Calvados
- 150 Ml Apple cider
- 1 Leaf(ves) Bay leaf
- 150 Ml 35% cooking cream
- 30 Ml Dijon mustard
- 2 Unit(s) Green onion
- Salt and pepper
- Olive oil
- Vegetable oil

For the couscous

- 600 Gr Fingerling potatoes
- 30 Gr Butter
- 4 Sprig(s) Parsley
- Salt and pepper
- Olive oil
- Vegetable oil

Préparations

Temps de préparation 30.00 mins

General preparation

Cut chicken thighs into pieces. Chop the onion. Chop the parsley leaves. Slice fingerling potatoes finely. Peel and cut apples into cubes. Slice the green onions finely.

Chicken casserole preparation

In a casserole or skillet, heat a drizzle of vegetable oil and sear chicken thighs over high heat, to get a nice golden color. Salt and pepper. Add the onion and sweat it a few minutes, stirring. Add the apples and cook for 2 minutes. Drizzle with calvados and flambé. Deglaze with cider, then add the bay leaf. Bring to a boil, let reduce by half and add the cream and mustard. Let simmer for 5 minutes until the sauce thickens slightly. Add green onions at the last moment.

Fingerling potatoes preparation

Cook the fingerling potatoes in a saucepan of salted water until just tender. Drain well, add butter and parsley and mix.

To serve

On your plate, serve a few potatoes, and serve the chicken in small casserole dishes on the side.

Bon appétit!