

Bananas Foster (rum caramel, bananas, vanilla ice cream)

Recette pour 4

Description

A classic summer dessert with bananas, rum and vanilla icecream

Ingrédients

Foster bananas

- 2 Unit(s) Banana
- 75 Gr Butter
- 150 Gr Brown sugar
- 60 Ml Amber rum
- 1 Pinch(es) Cinnamon powder
- 70 Gr Pecan

Préparations

Temps de préparation **25.00 mins**

Foster bananas

Peel the bananas and cut them in 2 lengthwise. Cut them again in the oposite direction. Set aside.

In a hot skillet, combine all of the ingredients except for the bananas and pecans. Cook, stirring occasionally for 2 minutes. Add the bananas and pecans and continue to cook for 2 minutes. Serve hot with a nice scoop of ice cream on top.

Bon appétit!